

Care Fair

Navigating the Journey of Aging



April 29, 2024

9:30 a.m.-1:30 p.m.

Fort Garry United Church

800 Point Road

Information/Resource Stations

9:30 a.m. - 1:30 p.m.

- **Community Resources**
- **Health Related Resources**
- **Government Services**

Morning Presentations

- **Aging in Place**

10:00 a.m.-11:00 a.m.

- **Caregiver Fatigue**

11:30 a.m. - 12:30 p.m.

REFRESHMENTS PROVIDED

For further information please contact:

Jane

204-269-0259

Pat

204-891-3256

Sponsored By: Fort Garry United Church, St. Paul's Anglican Church,
South Winnipeg Family Information Centre, Fort Garry Senior Resource Finder Program

Silver Bowl Collection