

# The Pros Know **55** Active & Resource **Plus Living & EXPOS**

Bringing Resources to our Older Adult Population for Better Aging & Happier Living!

## Welcome to our 2024 PKE Spring Shows!

Venue Hosts  Spring Shows 2024



Thursday, April 25th | North End  
Sgt. Tommy Prince Place  
90 Sinclair Street  
MASC Host: North Centennial Seniors



Thursday, May 23rd | Charleswood  
Charleswood United Church  
4820 Roblin Blvd.  
MASC Host: Charleswood 55+



Thursday, May 30th | Fort Rouge  
Fort Rouge Leisure Centre  
625 Osborne Street.  
MASC Host: Golden Rule Seniors

Show Times: **9:30am - 2:00pm** | Exhibitors List at: [prosknowexpos.ca](http://prosknowexpos.ca)

Providing seniors & their families the resources to improve their lives and well-being!

Our Amazing Sponsors:



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AT LINDEN POINTE



DIAMOND  
ATHLETIC MEDICAL SUPPLIES INC.



ROYALLEPAGE  
Top Producers Real Estate  
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Transitional Real Estate

Joshua Neustaedter Barg



Mark these dates on your calendar and stay updated at: [prosknowexpos.ca](http://prosknowexpos.ca)  
website: [prosknowexpos.ca](http://prosknowexpos.ca) | email: [redroadmusic@shaw.ca](mailto:redroadmusic@shaw.ca) | cell: 204.414.9290