The Know 55 Plus

Bringing Resources to our Older Adult Population for Better Aging & Happier Living!

Welcome to our 2024 PKE Fall Shows!

Venue Hosts



Fall Shows 2024















Wednesday, September 25th | E.K. Good Neighbours Active Living Centre 720 Henderson Hwy.

MASC Host: Good Neighbours Active Living

Wednesday, October 23rd | St. Vital **Dakota Community Centre** 1188 Dakota Street MASC Host: Dakota Seniors 55+

Friday, November 1st | Fort Garry Fort Garry Mennonite Brethren Church 1771 Pembina Hwv. MASC Host: PAL 55+

Show Times: 9:30am - 2:00pm | Exhibitors List at: prosknowexpos.ca

Providing seniors & their families the resources to improve their lives and well-being!

















