

# The Pros Know **55 Plus** Active Living & Resource **EXPOS 2024**

Visit [prosknowexpos.ca](http://prosknowexpos.ca) for 2024 dates, locations & On-Line resources for Seniors!

## Spring Shows are on the way, Yippee!



Rick Roschuk  
Trish Bennett

**On Track for 2024!** Well, how time does fly! Here we are, in January with so much on the go already. Here's our first three dates for 2024, the Spring edition, with three more coming in the fall as advertised.

We are really excited about having so many of the regulars back and a plethora of new faces, organizations and companies as well. Lots to chat about in the next couple of months with details and a list of new 'Venue Hosts' for this year. Of course many of our friends from MASC (Manitoba Association of Senior Communities) are back. The Winnipeg Police Service 'Crime Prevention' crew, the folks from the WRHA 'Senior Resource Finders' will be here to assist you in so many ways. We thank them. Stay tuned here to Senior Scope, our 'Print Sponsor' again, or as noted, please go to our website for regular updates and resources. See you next month here and April 25th for our first show of the year! *Rick & Trish... :)*

**NO-CHARGE**  
**FREE ADMISSION**  
**NO-CHARGE**  
**TO THE PUBLIC**

### Spring Shows 2024

**Show Times:**  
**9:30am to 2:00pm Daily!**



**Thursday, April 25th** | North End  
Sgt. Tommy Prince Place  
90 Sinclair Street  
Venue Host: TBA



**Thursday, May 23rd** | Charleswood  
Charleswood United Church  
4820 Roblin Blvd.  
Venue Host: TBA



**Thursday, May 30th** | Fort Rouge  
Fort Rouge Leisure Centre  
625 Osborne Street.  
Venue Host: TBA

More information at: [prosknowexpos.ca](http://prosknowexpos.ca)