

# The Pros Know **55** Active & Resource **Plus Living & EXPOS**

Bringing Resources to our Older Adult Population for Better Aging & Happier Living!

## Welcome to our 2024 PKE Dates & Locations List!

### Venue Hosts Spring Shows 2024



Show Times:  
9:30am  
to  
2:00pm



**Thursday, April 25th** | North End  
Sgt. Tommy Prince Place  
90 Sinclair Street  
Venue Host: A&O Support Services



**Thursday, May 23rd** | Charleswood  
Charleswood United Church  
4820 Roblin Blvd.  
Venue Host: Active Aging in Manitoba



**Thursday, May 30th** | Fort Rouge  
Fort Rouge Leisure Centre  
625 Osborne Street.  
Venue Host: The Seniors Moving Company

### Venue Hosts Fall Shows 2024



Show Times:  
9:30am  
to  
2:00pm



**Wednesday, September 25th** | E.K.  
Good Neighbours Active Living Centre  
720 Henderson Hwy.  
Venue Host: Active Aging in Manitoba



**Wednesday, October 23rd** | St. Vital  
Dakota Community Centre  
1188 Dakota Street  
Venue Host: A&O Support Services



**Friday, November 1st** | Fort Garry  
Fort Garry Mennonite Brethren Church  
1771 Pembina Hwy.  
Venue Host: Comforts of Home Care

